

skin care treatments

express facial

This restorative boost for the skin combines the benefits of an exfoliant and mask in one. skin is left smooth, radiantly healthy looking and hydrated. *30 minutes / \$65*

purely organic equavie facial

an organic treatment that invites you to escape to authentic and comforting nature while delivering all the benefits of nature to moisturize, de-pollute and reveal the natural radiance of the skin. ultra-relaxing de-stressing techniques, along with delicious fragrances of Provence. *60 minutes / \$80*

classic european facial

this complete facial is customized to an individual's skin needs. includes a thorough skin cleansing; steam with exfoliation; shoulder, neck and facial massage; and a soothing mask. may include extractions, if needed. *60 minutes / \$95*

anti-aging sea optimum facial (50+)

this luxurious facial stimulates cellular renewal and collagen production, regenerating and hydrating skin to make it look young again. patented marine ingredients, help improve the skin's elasticity, structure and protection, while providing lasting hydration. deep and surface wrinkles visibly fade and the face is lifted. *90 minutes / \$120*

massage therapy

swedish blend

enjoy soothing strokes that melt away tired muscles, reduce stress, improve circulation and tone muscle. perfect treatment following golf, tennis, or strenuous activity, or experiencing the stress that comes from everyday living. light to medium pressure is applied. *60 minutes / \$90, 90 minutes / \$125*

deep tissue

this full-body massage is designed to reach the deeper tissue structures of the body. excellent for those who prefer direct deep pressure to relieve stress. deep tissue massage is recommended only for those who receive massage on a regular basis. *60 minutes / \$100, 90 minutes / \$120*

hot stone massage

allow tension to be melted away with hot stones that are placed on stress filled areas of the body. your therapist will continuously incorporate the use of hot stones throughout this incredible therapy. promotes deep relaxation, while relieving tense muscles. *60 minutes / \$105, 90 minutes / \$145*

in-suite massage

while staying in one of our luxurious suites, enjoy a relaxing massage without leaving the privacy of your suite. this service is available until 6pm and advanced reservations are highly recommended. *60 minutes / \$125, 90 minutes / \$145*

couples massage

a decadent, side-by-side massage for two in the privacy and seclusion of your own spa suite. perfect for romantic getaways, or to escape from reality. *60 minutes / \$180, 90 minutes / \$250*

hand and foot care

basic spa pedicure

this classic treatment begins with a relaxing footbath, followed by a full exfoliation of the feet, and completed with shaping and polishing of the nails. *45 minutes / \$50*

basic spa manicure

this classic treatment includes a hand soak, gentle massage, shaping and polishing of the nails. *30 minutes / \$35*

sea mud pedicure

this facial for the feet includes an exfoliation, warm booties of self-heating marine mud, and a foot soak, and massage, foot mask, followed by a touch of color for the toes. after this intensive treatment your feet will have long forgotten any previous aches. *70 minutes / \$75*

sea mud manicure

this facial for the hands includes an exfoliation, warm mittens of self-heating marine mud, a foot soak, followed by cuticle and nail grooming, a repairing mask, a gentle massage, and a perfect application of polish. *45 minutes / \$50*

body care treatments

purely organic equavie body scrub

an organic body treatment that invites you to escape to authentic and comforting nature while delivering smoothing, moisturizing, nourishing and relaxing benefits to reveal the natural radiance of the skin. ultra-relaxing and balancing techniques, along with indulgent scents and textures transport you to a sweet escape for ultimate restoration. *30 minutes / \$55*

detox body wrap

warm, bubbling self-heating mud eliminates toxins and helps combat areas prone to cellulite by reducing edema and fluid retention. an increase in microcirculation offers a draining effect while stimulating lymphatic flow. *60 minutes / \$110, series of 5 / \$440*

pure spa at mariners landing

1217 graves harbor trail, huddleston, va 24014 | phone 540.297.9860

contouring body wrap

this body treatment encourages the elimination of toxins by stimulating the sweat glands and encouraging a contouring/draining effect to boost the metabolism for a slimmer figure.

60 minutes / \$110 series of 5 / \$440

slimming body treatment

this body treatment helps eliminate excess weight and contours the figure while improving microcirculation and refining the skin's texture. afterwards the body feels relaxed, slim, and revitalized.

60 minutes / \$110 series of 5 / \$440

body bronzing treatment

after an exfoliation and shower, the body is massaged with a self-tanning gel for a natural, healthy tan all year round. this treatment will prepare the skin for sun exposure.

60 minutes / \$100. series of 5 / \$400

hydrotherapy treatment

balneotherapy

our patented lyophilized sea mineral bath is ideal to help combat stress, fatigue, tight muscles, lowered immune system, and hormonal imbalance. you will relax in a whirlpool bath for 10 – 15 minutes while you enjoy a refreshing Oligomer cocktail. you will finish the treatment with a shower and refreshing application of body moisturizer.

30 minutes / \$60, series of 5 / \$240

just for men

gentleman's facial

this complete facial is customized to an individual's skin needs. includes a thorough skin cleansing; steam with exfoliation; shoulder, neck and facial massage; and a soothing mask. may include extractions, if needed.

60 minutes / \$95

the sportsman

for athletes or weekend warriors, our sports massage focuses on injuries, chronic pain and restricted range of motion. it can also help you train harder with less injury, prepare you for optimal performance prior to an event, normalize the body's tissues and assist recovery after an event.

60 minutes / \$105, 90 minutes / \$130

golfer's delight pedicure

perfect treatment after a round of golf or tennis. this traditional pedicure begins with soaking the feet in a warm bath, followed by an exfoliation, foot mask and massage of the feet and ankles.

Concludes with a cleaning and shaping of the nails. *50 minutes / \$60*

19th hole leg revitalizer

after this treatment, legs immediately feel refreshed and comfortable. microcirculation is stimulated, encouraging cellular exchange and lymphatic flow for toned and invigorated legs.

30 minutes / \$65

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spa packages

the mariner *allow 5 hours / \$365*

- express facial
- swedish blend massage
- basic pedicure
- basic manicure
- lunch from our spa cuisine menu

the lake escape *allow 3.5 hours / \$235*

- classic european facial
- 60-minute swedish blend massage
- basic pedicure
- lunch from our spa cuisine menu

girl's day out *allow 1.5 hours / \$130*

- sea mud pedicures
- express facials

couples retreat *allow 3 hours / \$300*

treatments are performed side-by-side in a private candlelit couples treatment room

- 30-minute express facials
- 60-minute couples massage
- romantic dinner

delicious indulgence *allow 2 hours / \$180*

- purely organic equavie body scrub
- purely organic equavie facial
- relaxing mineral bath

gentleman's retreat package *allow 3.5 hours / \$275*

- gentleman's facial
- minute sportsman massage
- golfer's delight pedicure

enhancements / add-ons

alpha hydroxy peel	45
exfoliating body scrub	30
eye/lip wrinkle treatment	35
paraffin treatment	15
hot oil treatment	15
lunch from our spa cuisine menu	25

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makeup application

consultation	25
makeover/lesson	40
bridal	call for prices

waxing

all waxing services are in a relaxing, private treatment room. we use only high quality products for your maximum comfort.

lip	15	face	35
eyebrow	20	arm	30
lip/brow combo	30	underarm	30
full leg	60	back	55
half leg	40	bikini	85

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